

ENGAGE ~ ENLIGHTEN ~ ELEVATE







www.TheSeanIngramAcademy.org



OUR MISSION is to engage, enlighten, and elevate youth to stay in school and out of the criminal system.



Sean Ingram
Executive Director

ENGAGE

■ ENLIGHTEN

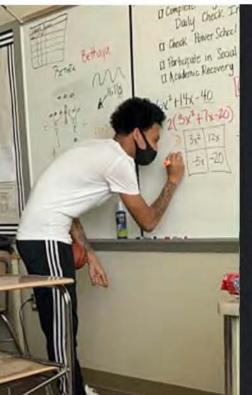
■ ELEVATE



Juvenile Diversion & Intervention -



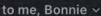




What a great week! Inbox



Jenifer Shepstead _ St... 1:55 PM



Hey Mr. Ingram,

I know so many of our emails are to share concerns, but I just have to praise on Bradley. He has come to school every day this week, been respectful and made so many teachers happy to see him after a year. He has even done some makeup work for me in CA. We've been working hard on math and he totally understands the content. I just couldn't be more proud. We met with his counselor, Ms. Santos, earlier this week and she shared that **if** he can kick it into gear and pass these classes, he still has the opportunity to graduate with his class next year. To say that I am encouraged and proud would be an understatement.

Judge Vince M. Rozier, Jr. Wake County Resident Superior Court Judge

As a Wake County Juvenile Court judge and one of the co-founders of the Wake County Juvenile Diversion program, I have observed and become familiar with many programs directed to serving our Wake County youth. Many of these programs focus on particular aspects of a juvenile's development. Few programs, however, provide the direct mentoring and modern applicability that is necessary to make a lasting impact. That is where the Sean Ingram Academy has been able to effectively step into the void.

The effectiveness of the Sean Ingram Academy was shared at a recent Wake County Diversion Program meeting that was attended by other public officials such as the District Attorney, school board representatives, law enforcement, community youth supporters, school board administration and others. It was reported that one of our program participants recently walked away from his home, frustrated and contemplating suicide. He walked past his friends and gang impacted community to the Sean Ingram Academy. Once there, he did not reveal his suicidal ideations. Nevertheless, he received the counseling, personal mentoring, and attention that was needed.

Sean Ingram connects with his program participants by offering a dose of reality that judges, court counselors and other programs cannot offer. His background and exposure to various aspects of the criminal justice and juvenile systems allow him to offer a unique perspective when engaging with our youth. Even without his own personal experiences, the approach he is able to articulate grabs the attention of participants in ways that other programs simply cannot offer.

One obvious reason for Sean Ingram's effectiveness is because his program and mentoring style respects the individuality of each participant. As a judge, this component became essential on more than one occasion when ordering juveniles to attend this program. Too often, programs are ineffective because the treatment strategy begins with attempts to change behaviour without respecting the individual juvenile. Sean Ingram's ability to meet participants where they are has proven to be effective in effectuating change.

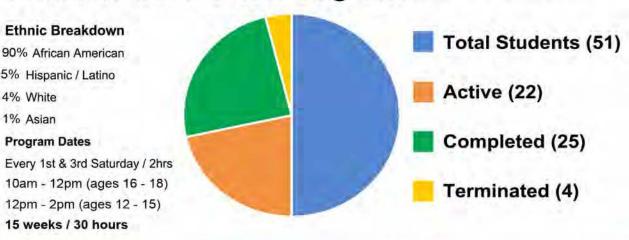
The mentoring aspect of the academy has also proven to be another way of filling the obvious gap. Mentoring is often recognized as being necessary to meeting the needs of our youth. It is especially vital when mentoring serves as a resource in emergencies and when meeting with educators. The Sean Ingram Academy fills these needs as well.

There are times when the effectiveness of a program is more than just the numbers and statistics. Some programs are more than just evidence based models being applied to young people. The Sean Ingram Academy passes these tests. It also passes the standard of something that you know when you see it. Aside from the proven stats, the Sean Ingram Academy will be one of the successful Wake County programs impacting the young people of our community if given the opportunity.

Respectfully yours,

Vince Rozier, Jr. Wake County Resident Superior Court Judge

Juvenile Diversion Program (January 2018 - December 2018)



88% Behavioral Infractions Decreased 79% Academics Increased

Funding Benefits: Workshop Text Books, Academy Motivational Tees, Field Trips, and Breakfast for each student during each scheduled program.

The Sean Ingram Academy Juvenile Diversion and intervention Program is a 15 week / 30 hour program which meets every first and third Saturday of the month. From 10am - 12pm, we service our youths between the ages of 16 and 18. From 12pm - 2pm, we service our youths between the ages of 12 and 15.

Evidenced Based Program - (ART) Aggression Replacement Training Components of (ART) - 1: Skillstreaming 2: Anger Control Training 3: Moral Reasoning Training

An Overview of ART

4% White 1% Asian

Program Dates

Underlying Aggression Replacement Training is the idea that every act of adolescent or child aggression-in school, at home, in the community-has multiple causes, both external and internal to the youth. With regard to internal causes, ample evidence supports the belief that chronically aggressive youngsters possess a series of interlocking and compounding deficiencies. First, these youths characteristically are weak in or lack many of the personal, interpersonal, and social-cognitive skills that collectively constitute effective prosocial behavior. second, their frequent impulsiveness and overreliance on aggressive means to meet their daily needs and longer term goals reflect deficiency in anger control. Third, with respect to values, such adolescents have been shown to respond at a more egocentric, concrete, and in a sense, primitive level of moral reasoning.

Risk and Needs Factors Addressed:

Aggressive/Assaultive Behaviors Gang Involvement/Association Association with Delinquent/Gang Involved Peers School Behavior Problems School Suspensions

Protective Factors Addressed:

Healthy Sense of Self Social Competencies and Problem Solving Appropriate Family Communication Involvement in Pro-social School Activities Positive Expectations/Optimism for Future



May 7, 2020

Dear Sean,

On behalf of the Raleigh City Council, I would like to congratulate you on the 13th anniversary of your release from prison and commend you for the positive impact you have made on the youth of Raleigh.

Your Sean Ingram Academy Juvenile Diversion Program, which offers at-risk students in Wake County an opportunity to continue their education in an alternative school setting, provides more than strictly academic subjects. By teaching young people how they can avoid aggression and develop personal responsibility, as well as providing a support structure, you help aid their path to success. One person can indeed make a difference.

Sean, you have shown great dedication to this community. By your commitment to serve and use of your own life experience as an example, you have shown young people there is another, better way they can succeed. Our city benefits every time one of these students is given an opportunity to change direction.

Congratulations again on your vision, compassion, your tireless service – and your 13th anniversary. As far as I'm concerned, every day is "Sean Ingram Day" in Raleigh!

With best wishes,

Mary- are Baldwin

Mary-Ann Baldwin, Mayor



Sean Ingram's Aggression Replacement Training (ART)

ART is an evidence-based, proven effective intervention for aggressive youth.

The program components of the ART program are detailed below:

Skillstreaming - Teaches curriculum of prosocial behavior

Anger Control - Teaches self control of anger

Moral Reasoning - Teaches awareness of fairness, justice and concern with the needs of others

The following Risk and Needs Factors will be addressed through the ART component...

Aggressive/Assaultive behaviors
Moderate to serious school behavior problems
JCPC Identified Needs Factors
Social competencies and problem solving skills
School/educational connectedness

The program targets the following risk factors; aggressive behavior, impulsive behavior, poor problem solving skills, and antisocial behavior. Additionally it puts into action the following protective factors; social skills, emotional awareness and understanding, emotional regulation, planning skills, problem solving, and skills related to identification of anger triggers and cues.

The program targets the following proximal and distal outcomes.

Proximal Outcomes

Decrease in Conduct Problem Behavior Improved Pro-Social Behavior Improved Anger Control Enhanced Levels of Moral Reasoning

Distal Outcomes

Reduced Criminal Behavior and Recidivism Rate Improvements in In-Community Functioning Improved Pro-Social Behavior Reduction in aggressive and delinquent behavior









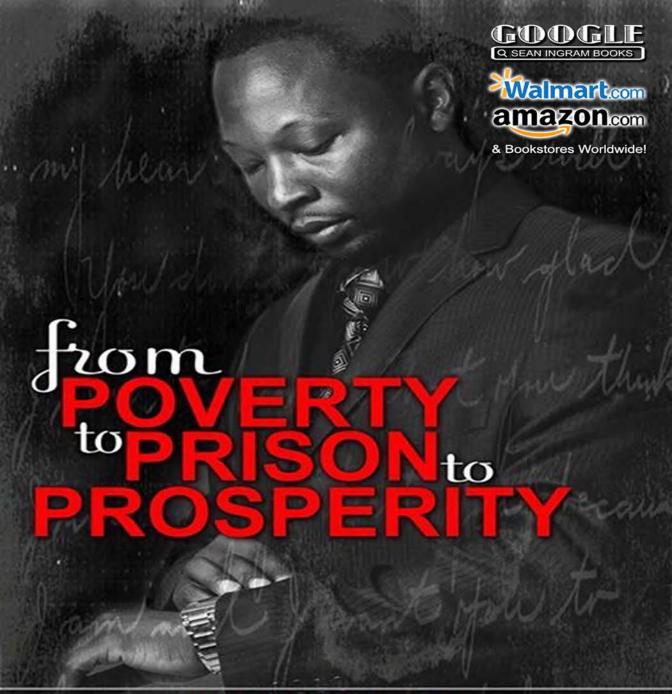
SPECIAL THANKS to the NC STATE ATHLETIC DEPT for your continued support of The Sean Ingram Academy











The Autobiographical Journey of







newsobserver.com

IEWSOBSERVER.COM

He works with at-risk Wake students to keep them out of jail and on a successful track

SCAN THE QR CODE

to buy or donate a book on behalf of a youth in need of inspiration to stay in school and out of the criminal system.







or Donate \$5 or \$10 towards the purchase of a book for a youth that's in need of hope.

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"inspiring youth to stay in school and out of the criminal system"





